

TOP 13 **Sushi Restaurants** in BARCELONA



The
Suite Life
Barcelona Bible

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The Top 13

***Sushi in Barcelona** is a curious beast as it's hip, trendy, effortlessly chic yet simple, always 'in', and in the last ten years the **Barcelona sushi** scene has really taken off.*

However, with everyone trying to cash in on the sushi express, and so much choice it makes our heads spin, we're left with that uneasy feeling of 'so... how do I know which joints are any good?!'.

*SuiteLife (and especially our friends) are **Barcelona sushi** freaks. We've combed the streets, tasted, tried, devoured everything in sight and consulted some serious BCN foodies.*

*We've custom prepared for you a Top 13 list of the best **sushi restaurants Barcelona** has to offer. It's a little bit of 'this' and a touch of 'that'; a menu de degustación of the best of **Barcelona sushi restaurants** so you don't have to learn by trial and error, just a take a quick peek at the Barcelona Bible, and you're set!*

Sushi Restaurants in Barcelona

Highly Addictive

Healthy

Disclaimer:

Who has the **best sushi in Barcelona** is a hotly-debated topic online and in the BCN social media world. Of course there will be those who think we have left off important choices, but hey... We've tried to make selections that will appeal to all different budgets and reflect a variety of types and concepts of sushi restaurants.

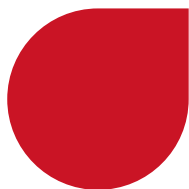
Also, there is no rhyme or reason for the order of how we've listed the restaurants. We've left the famous Parco off our list (we find it quite overrated) as well as others that some would say are staples.

We wanted to add in some not-so-known places and some of our personal favourites. If you're looking to discover the **best sushi in Barcelona** then this is the perfect handbook to get you going on your journey!

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BARCELONA

SUSHI



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"If you like soy sauce, make sure to take it in moderation, so you can still see the bottom of your dish, you can always add more, it is considered impolite to fill your soy dish with more than you need."



"Do not leave rice on your plate, eat in a clean and controlled manner."

Sushi in Barcelona

Yamadori

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Catalan/Spanish

owned and served. This is one of the old school Japanese restaurants in Barcelona from way back in the day.

Very traditional and low key pleasant atmosphere. Very high quality ingredients and the Yamadori roll is truly special (The Yamadori Roll is mango, cucumber, salmon, and shrimp).

"You must reserve ahead of time as it's usually jam-packed each night with sushi lovers."

c/ Aribau 68 (between
Valencia & Aragó)
13:30-15:30 / 20:30-23:30
(closed Sundays)
€: 30-45 € / person (average
35 €)
Tel: 93 453 92 64
<M> L2-L3-L4-FGC "Passeig
de Gracia" & FGC "Provença"

“Nigiris can be eaten with your hands but not taken from the main dish to put on your own plate, this is done with chopsticks. When you dip the nigiri in the soya do this upside down so the rice wont deteriorate in the soya dish. ”





Mui

*Mui wins best
sushi restaurant in
Barcelona in the
"groups – dining"
category. If you'll be
dining with 8 or more
people Mui easily accommodates.*

Housed in what was once an underground parking lot, the restaurant exudes an unpretentious style that's refreshingly different from the usual overly-symbolic zen styles of most sushi joints in BCN. Price to value is really good here, very good sushi and excellent hot dishes as well. Service can be a bit slow (although friendly).

*c/ Valencia 249
€: About 25 € / person
Tel: 931 932 300
<M> L2-L3-L4-FGC
"Passeig de Gracia"*

A scenic view of a traditional Japanese garden. In the foreground, a calm pond reflects the surrounding greenery. A large, gnarled pine branch with dense green needles arches over the water. The background is filled with lush green trees and foliage under a clear blue sky with a few white clouds.

“One of the best

Those in the know say this is not only the best sushi restaurant in Barcelona but also one of the best in the world found outside of Japan! Excellent service and customer experience. We suggest the tasting menu (65 € / person without drinks), which consists of a culinary flurry of 10 plates.

If you want to order off the menu instead you're looking at about 80 € / person. Definitely worth it but call ahead because reservations can be tricky to get. A favourite of the famous Ferran Adrià.

Koy Shunka


in the world”

c/ Copons 7

€: About 65 € / person +

Tel: 934 127 939

<M> L4 "Urquinaona" or L4
"Jaume 1er"

The background features three thick, parallel diagonal stripes. The top stripe is teal, the middle stripe is black, and the bottom stripe is red. They all run from the top-left towards the bottom-right.


*“Chopsticks are for eating,
not for pointing at people or
food. “*



KUO

*Kuo wins the award for best up-and-coming **Barcelona** sushi restaurant. It's the new sister restaurant of the hugely popular Nomo in Gracia, where there was so much demand they needed a new spot. At Kuo you'll find it's a little cozier and more 'tranquilo'.*

They offer many of the favourites from Nomo but also have created some very interesting new dishes. They do takeaway and very soon you'll be able to do your ordering online.



*c/ Madrazo 135 (between Amigó & Santaló)
13:30-16:00 & 20:30-00:00 (Monday to Sunday), Until 00:30 (Fridays & Saturdays)
Tel: 932 007 783
€: About 30 € / person
<M> FGC "Muntaner"*

Kibuka

There's something about Kibuka, and their delicious food, that warms our hearts.

With 3 locations in Gracia, it is a fusion of Brazilian-Japanese cuisine, modern decor, lunch menus are excellent as well as sushi a la carte. Perfect quality-to-price ratio, and great wine too.

We recommend the "Hot Filidelfia", the "Yaki Soba" noodles, and the "Spicy Tuna", but really everything is to die for.

Kibuka offers a home service where for 45 € / person (min. 8 ppl.) they'll send a chef to your house for 2 hours to prepare a feast for you and your friends. They also just opened a takeaway location.



C/ Goya 9
13:30-00:00 (Sunday to Thursday) & 13:30-00:30
(Friday & Saturday)
Reservations for groups of 8-12 people with
obligatory menu of 22 € or 29 € menu / person.
€: About 25-35 € / person
Tel: 93 237 89 94
<M> L3 "Fontana"

C/ Verdi 64 (reservations only, make sure to call
ahead)
13:30-16:00 (Monday to Sunday), 20:30-00:00
(Sunday to Thursday), 20:30-00:30 (Friday &
Saturday)
€: About 25-35 € / person
Tel: 93 415 92 17
<M> L3 "Fontana" & L4 "Joanic"

C/ Torrent de l'Olla 23
13:00-23:00 (open every day)
Tel: 93 368 30 47
€: About 7-15 € / person
<M> L3-L5 "Diagonal"

Dos Palillos



C/Elisabets 9

18:30-23:00 (Tuesdays & Wednesdays),

*12:30-15:00 & 18:30-23:00 (Thursday to Saturday)**

€: Anywhere from 55 € - 75 € / person

Tel: 933 040 513

<M> L3 "Plaza Catalunya"



Dos Palillos is the creation of Alberto Raurich, who for 10 years was chef de cuisine at the famous ElBulli restaurant. The concept is done very well: Playing with and fusing traditional sushi with the Spanish tapas tradition. We have it on good authority that their tasting menu is wonderful, with lots of food and a great variety.

Tempura -Ya

Japanese owned and operated. This is a REAL Japanese Barcelona sushi restaurant where Japanese people actually come to eat (big indicator of authenticity), where Japanese is spoken, and even written on the menu.

The extremely high quality of the fish is instantly recognizable the moment you taste the Nigiri. Impeccably attentive service plus the exquisite tastes of the food and we have a clear top 13 choice.

Recommended are the California Mini Rolls and of course their Tempuras. High quality sushi at a very reasonable price.

*c/ Muntaner 153 (between Córsega & Roselló)
13:30-15:30 / 20:30-23:30 (Sunday & Monday closed)
€: Starting at about 25 € / person
Tel: 934193182 <M> L5 "Hospital Clinic"*

BIG FISH

Big Fish's popularity is seriously on the rise.

It's new location in Borne is stuffed every single night with sushi connoisseurs.

It wins the award for most sexy decorations and atmosphere of any Barcelona Sushi Restaurant.

They serve only wild sustainable fish and it's melts in your mouth like butter. We hear the Cigalas (langoustines) are absolute perfection too. There's also a location on c/ Amigó 39 but we suggest you head down to the Borne to checkout their new diggs.

*c/ Comercial 9
13:30-16:00,
20:30-00:00
(Tuesday to Saturday)
€: About 40 € /
person for 3
courses and wine
Tel: 93 268 17 28
<M> L1 "Arc de
Triunf" or L4
"Jaume 1er"*

....for everything **Barcelona**



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Tokyo Sushi

This place is the grandfather of sushi in Barcelona claiming the prize for the first Japanese restaurant ever opened in BCN in 1978. They serve both sushi and hot plates but we hear the best is to stick with the sushi, which is excellent quality. Hard to find, but worth the search!

c/ Comtal 20

€: About 25-30 € / person

Tel: 933 176 180

<M> L3 "Plaza Catalunya" or L4 "Urquinaona"

Shibui

This is a bit of an insider's choice. If you walked by it in the street you might not even look twice, but once inside the decor and general atmosphere is very chilled-out and tranquil.

All kinds of Japanese food and even those cool tables where you sit on the floor! We suggest you sit at the bar though and leave it in the chef's hands. They'll serve you up some great sushi and at Shibui they will often let you customize your own sushi if you ask and they aren't too busy.

*c/ Comte D'Urgell
272*

*€: About 35 € /
person*

Tel: 933 219 004

*<M> L5 "Hospital
Clinic"*

WAKASA

A relatively unknown BCN sushi joint (until Time Out Magazine heralded it as the **best sushi in Barcelona** in 2009), Wakasa is a diamond in the rough. Owned and run by a Japanese husband and wife team, this restaurant is miniscule (really, it only has five small tables) so make a reservation ahead of time. Wakasa has arguably some of the most authentic dishes in Barcelona and they are sushi stars. We suggest you try their signature Wakasamaki.

c/ Naps 347

Tel: 93 207 63 95

€: About 35 € / person

<M> L4 "Joanic"

Temaki-ya

*This place wins in our category for best fast-food **sushi in Barcelona** (but extra-healthy fast food).*

Temaki, which literally means 'hand made', is a form of sushi that gained its popularity in Brazil (Brazil sports the largest Japanese population outside of Japan) and naturally, the owners of Temaki-ya are in fact Brazilian. Temaki is a large cone-shaped single handmade roll and they are delicious! The price is perfect at about 5 € each roll.

Also, on Wednesdays you can get the second one for 1 €! This is the first Temaki place in Spain.



*c/ Cignás 28
Tel: 933 19 21 85
€: About 5 € / person
<M> L4 "Jaume 1er"*

Una Mica de Japo

c/ Aragó 104 (All over the Internet their address is still listed as their previous location on c/ Mallorca, so be careful you go to c/ Aragó 104 or you won't find them!)

€: About 10-15 € / person

Tel: 620 04 04 61

<M> L1 "Urgell"



The only restaurant on our list that actually does not serve any sushi at all! According to Yoh, the son of the Japanese owners, Una Mica de Japo is not a restaurant it's a diner.. Quite simply it's a place that specializes in homemade Japanese food or food that Japanese people actually eat in their homes on a day to day basis.

It's one of the few places you can find real bento boxes in Spain. Their tempura and rice dishes are also delicious. Friendly and fast service. Very modestly priced perfect for lunch or a filling dinner.



THE FINEST BARCELONA APARTMENTS.

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www.SuiteLife.com

Honourable Mentions

Mitsui
c/ Aribau 112
08:00-01:00 (Monday to
Thursday), 08:00-03:00 (Friday
& Saturday)
Tel: 934 514 999
€: About 12 € / person
<M> L5 "Hospital Clinic"

Wok Yutaka (Between c/ Nàpols
& c/ Sicília)
c/ Rosello 307
13:30-16:30 & 20:00-00:00
(Daily)
Tel: 934 580 494
€: About 15 € / person
<M> L2 & L5 "Sagrada Família"
& L4 "Verdaguer"

*All you can eat? Mitsui (& Wok Yutaka):
We haven't included an 'all you can eat'
Barcelona sushi restaurant in this book
for a reason. Despite being very
popular, any time 'sushi' and 'all-you-
can-eat' are mentioned in the same
sentence, it's not very likely you will find
great quality product.*

*Keeping that in mind though sometimes
you just wanna eat sushi, and a lot of it!
In that case we recommend Mitsui, a
wonderful Asian-themed all-you-can-eat
buffet. Another great one is called Wok
Yutaka and is near the Sagrada
Família. For those days when you have
the munchies and more = better.*



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A big thank you to the SuiteLife Team and all our friends and fans who contributed their expertise and helped us discover the best sushi in Barcelona! (Special thanks to Olivier Expander & Pia Rietti for their expert contributions).

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